

San Juan County Sheriff's Office



Department of Emergency Management

PREPARE FOR THE UNEXPECTED

Winter storms, earthquakes, wildfires, and other natural and man-made disasters can occur at any time.

Our island lifestyle is a unique and rewarding experience. However, our sense of tranquility comes with an important limitation, namely that in an emergency all islanders must be capable of self sufficiency for a minimum of one week. Our limited County resources will be stretched thin, and help from the mainland may be a long time in coming. We should all be able to be on our own for *at least 7 days*.

See Reverse for 6 Easy Steps to Increase Your Preparedness

For more information or to schedule a neighborhood meeting, please contact the San Juan County Department of Emergency Management (DEM) at:

360-378-9932
dem@sanjuandem.net
www.sanjuandem.net

6 Easy Steps To Increase Your Preparedness

1. Maintain a minimum 7 day supply of water, food, & fuel (Non-perishable food, warm clothes, sleeping bags, etc). If you can last for a month, great! Don't forget about medications. Talk to your local pharmacist for suggestions.
2. Have sufficient flashlights / backup source of lighting and ample spare batteries on hand.
3. Assemble a basic first aid kit (home & cars) and obtain the training to use it. Include "N-95" masks for disease protection. Talk to your physician for suggestions on special requirements.
4. Own a portable radio (tune to 1340AM KLKI) AND a portable weather radio (NOAA) with "Specific Area Message Encoding" (SAME) capability. Have spare batteries for both. Listen for messages from local officials.
5. Have a plan for contacting and meeting up with loved ones after a disaster. Agree on an out of state contact to be your central message point.
6. Visit the San Juan County Department of Emergency Management (DEM) website for a wide array of preparedness materials and other resources.

Questions?

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