

San Juan County

Emergency Management

LOPEZ ISLAND PREPARED

Emergency Preparedness goes beyond simply completing a checklist of activities--it becomes a way of Island Living --Neighbor Helping Neighbor. Becoming prepared and understanding what to do can reduce fear and anxiety. It is not an overwhelming task and can be accomplished by simply obtaining or completing a few of the noted objectives/activities each month.

LET'S START TODAY!

If you would like help
or further information
for organizing your
neighborhood please contact
San Juan County
Emergency Management,
at 378-9932
or visit our website
www.sanjuandem.net

Were You Ready?

January's intense winter storm should clearly serve as a wake up call to all of us. As winds reached 70 mph, temperatures fell below freezing, pipes froze, roads iced up, schools closed for three days and anxiety escalated, were you prepared? Did you have a plan? Did it work? What adjustments are needed now should (when) future unexpected disasters (earthquake, wildfire, power outages, or acts of terrorism) occur on our island?

Even if you are not the sort of islander who stocks up on duct tape and plastic sheeting, it makes good sense to be prepared, to be self sufficient, to insure your family's safety. It's important to remember that a catastrophic disaster, of any kind, will quickly overwhelm our limited county resources, therefore, we must be able to function on our own for a minimum of three (3) days or longer. As January's storm demonstrated:

Preparation Is Imperative!

This publication provides some suggestions to help you enhance your preparedness—for ANY emergency or disaster.

STEP 1: Make A Plan

- Meet with family members- discuss types of potential disasters that could occur.
- ◆ Explain how to prepare: How will your family stay in contact? Who to call? Where to meet?

◆ Identify two locations of safety: Near home and outside of your neighborhood.

♦ Have a backup, non-electric telephone.

◆ Teach all family members how to shut off water, electricity, and propane at the main valve.

♦ Plan to care for your pets.

- ◆ Take a basic First Aid/CPR class
- Maintain and practice your plan.

STEP 2: HAVE THE BASICS ON HAND

-- MAKE A DISASTER SUPPLIES KIT



Assemble supplies you might need for THREE DAYS which include the items to the right.

First Things, First.

- ☐ List of emergency phone numbers.
- ☐ Money small supply of emergency cash and coins (pay telephones first in service).
- ☐ Portable AM radio with ample spare batteries
- ☐ Whistle w/lanyard (*signal for help*).
- ☐ Non-toxic fiber masks (purify air you breathe).
- ☐ Hat and leather work gloves.
- ☐ Safety goggles (protect your eyes).
- ☐ Accessible ABC type fire extinguishers (confirm annual service date).

Food & Water

- ☐ One gallon of water per person per day (*drinking & sanitation*). Store in nonbreakable, sealed containers, identify storage dates, replace every three months.
- ☐ Supply of nonperishable, packaged, canned food and a nonelectric can opener. Include high energy snacks (*granola bars*, *canned nuts*, *fruit juices*, *canned soups*, *trail mix*) and comfort/stress items (*cookies*, *hard candy*, *coffee*, *cocoa*).

Health & Hygiene

- ☐ Liquid soap (sanitation).
- ☐ Well stocked first aid kit and prescription medications.
- ☐ Extra pair of eyeglasses.
- ☐ Special needs and supplies for children, elderly, or chronically ill: (*spare oxygen bottles, insulin, etc.*).
- ☐ Accessible, well-stocked first aid kits in home and all cars (*Emergency responders may be delayed on other emergencies prepare to help yourself*).
- ☐ Toilet/personal hygiene items, moist towelettes, plastic garbage bags with ties, disinfectants, household chlorine bleach, plastic bucket with lid (sanitation).

Warmth & Light

- ☐ Heat source to prepare food (*propane camp stove*).
- ☐ Thermal blankets or sleeping bags.
- ☐ Warm clothing, rain gear, hard soled shoes (in easily accessible location).
- Generator fueled and tested, propane tanks topped off, ample supply of firewood.
- ☐ Working flashlights with spare batteries.
- ☐ Battery powered lantern (6 volt).
- \Box Light sticks (12 hour).
- ☐ Waterproof matches.

LOPEZ ISLAND

EMERGENCY TELEPHONE



Post By Your Phone For Quick Reference

Please do not call 911 to report a power outage or non-emergency situation.

MEDICAL - Emergency? Call 911

Lopez Island Medical Clinic	468-2245
Lopez Island Pharmacy	468-2616
after hours emergency	
Lopez Island Fire and EMS Department	468-2991
Public Health and Community Services	
American Red Cross	

FIRE- Emergency? Call 911

SAN JUAN COUNTY SHERIFF

Emergency? Call 911

FERRY SERVICES:

WSF Direct Information	1-888-808-7977
Internet Connection:	www.wsdot.wa.gov/ferries
Lopez Landing	
Friday Harbor Landing	
Orcas Landing	376-6253
Shaw Landing	

SERVICES & UTILITIES

OPALCO (Power Outages).	
Century Telephone (Repair)	0 6-1-1
Lopez Island Public Works.	

WHERE TO TUNE FOR INFORMATION

on school closures or delays & other emergency information.

RADIO

KGMI 790 AM KAFE 104.3 FM KISM 92.9 FM KLKI 1340 AM KOMO 1000 AM

TELEVISION

KOMO TV Channel 4 KING TV Channel 5 KIRO TV Channel 7 KVOS Channel 12

SHORT WAVE RADIO

NOAA WEATHER RADIO (Puget Sound) WWG-24 162.425 MHz



SAN JUAN COUNTY EMERGENCY MANAGEMENT P. O. Box 669 Friday Harbor, WA. 98250 (360) 378-9932 PRSRT STD
US POSTAGE
PAID
PERMIT #9
FRIDAY HARBOR, WA
ECRWSS

POSTAL PATRON



- ☐ Lights
- ☐ Emergency Supplies
- **□** Water
- ☐ Food
- **□** Warmth
- ☐ First Aid Supplies
- ☐ Smoke/Carbon

 Monoxide Detectors

 and Fire Extinguishers
- ☐ Pets and Animals
- ☐ Special Needs and Supplies
- ☐ Generator Safety
- ☐ Travel Considerations
- ☐ Emergency Phone Numbers

For more complete information, see the "Basics On Hand" list inside.

Get prepared ahead of time with

WEB SITES OF INTEREST:

Ferry Routes, terminals & up to date scheduling/delay information:

• www.wsdot.wa.gov/ferries

Washington State Road, pass, travel & weather conditions:

• www.wsdot.wa.gov/traveler

Weather:

- www.wrh.noaa.gov/seattle (click on specific county or area required)
- www.nws.noaa.gov/stormready
- www.sanjuanislander.com

Emergency Preparedness:

- www.sanjuandem.net
- www.redcross.org/services/disaster
- www.ready.gov
- www.fema.gov/preparedness
- www.emd.wa.gov
- www.simplerlife.com



TRAVEL CONSIDERATIONS:

Call ahead for ferry, road, airport & pass information.

Be prepared for cancelled or delayed ferries.

(Have your cars fueled and well stocked with food, water and items for warmth.)