

# San Juan County

## Emergency Management

### **SAN JUAN ISLAND PREPARED**

*Emergency Preparedness goes beyond simply completing a checklist of activities--it becomes a way of Island Living -- Neighbor Helping Neighbor.*

*Becoming prepared and understanding what to do can reduce fear and anxiety.*

*It is not an overwhelming task and can be accomplished by simply obtaining or completing a few of the noted objectives/activities each month.*

### **LET'S START TODAY!**

If you would like help or further information for organizing your neighborhood please contact San Juan County Emergency Management, at 378-9932.

## **Were You Ready ?**

January's intense winter storm should clearly serve as a wake up call to all of us. As winds reached 70 mph, temperatures fell below freezing, pipes froze, roads iced up, schools closed for three days and anxiety escalated, were you prepared? Did you have a plan? Did it work? What adjustments are needed now should (when) future unexpected disasters (earthquake, wildfire, power outages, or acts of terrorism) occur on our island?

Even if you are not the sort of islander who stocks up on duct tape and plastic sheeting, it makes good sense to be prepared, to be self sufficient, to insure your family's safety. It's important to remember that a catastrophic disaster, of any kind, will quickly overwhelm our limited county resources, therefore, we must be able to function on our own for a minimum of three (3) days or longer. As January's storm demonstrated:

### **Preparation Is Imperative!**

This publication provides some suggestions to help you enhance your preparedness—for ANY emergency or disaster.

## **STEP 1: Make A Plan**

- ◆ Meet with family members- discuss types of potential disasters that could occur.
- ◆ Explain how to prepare: How will your family stay in contact? Who to call? Where to meet?
- ◆ Identify two locations of safety: Near home and outside of your neighborhood.
- ◆ Have a backup, non-electric telephone.
- ◆ Teach all family members how to shut off water, electricity, and propane at the main valve.
- ◆ Plan to care for your pets.
- ◆ Take a basic First Aid/CPR class (call 378-5403)
- ◆ Maintain and practice your plan.



# STEP 2: HAVE THE BASICS ON HAND -- MAKE A DISASTER SUPPLIES KIT



Assemble supplies you might need for **THREE DAYS** which include the items to the right.

## First Things, First.

- List of emergency phone numbers.
- Money - small supply of emergency cash and coins (*pay telephones first in service*).
- Portable AM radio with ample spare batteries
- Whistle w/lanyard (*signal for help*).
- Non-toxic fiber masks (*purify air you breathe*).
- Hat and leather work gloves.
- Safety goggles (*protect your eyes*).
- Accessible ABC type fire extinguishers (*confirm annual service date*).

## Food & Water

- One gallon of water per person per day (*drinking & sanitation*). Store in nonbreakable, sealed containers, identify storage dates, replace every three months.
- Supply of nonperishable, packaged, canned food and a nonelectric can opener. Include high energy snacks (*granola bars, canned nuts, fruit juices, canned soups, trail mix*) and comfort/stress items (*cookies, hard candy, coffee, cocoa*).

## Health & Hygiene

- Liquid soap (*sanitation*).
- Well stocked first aid kit and prescription medications.
- Extra pair of eyeglasses.
- Special needs and supplies for children, elderly, or chronically ill: (*spare oxygen bottles, insulin, etc.*).
- Accessible, well-stocked first aid kits in home and all cars (*Emergency responders may be delayed on other emergencies - prepare to help yourself*).
- Toilet/personal hygiene items, moist towelettes, plastic garbage bags with ties, disinfectants, household chlorine bleach, plastic bucket with lid (*sanitation*).



## Warmth & Light

- Heat source to prepare food (*propane camp stove*).
- Thermal blankets or sleeping bags.
- Warm clothing, rain gear, hard soled shoes (*in easily accessible location*).
- Generator fueled and tested, propane tanks topped off, ample supply of firewood.
- Working flashlights with spare batteries.
- Battery powered lantern (*6 volt*).
- Light sticks (*12 hour*).
- Waterproof matches.



# SAN JUAN COUNTY EMERGENCY TELEPHONE LIST



**Post These Numbers By  
Your Phone For Quick  
Reference**

*Please do not call E-911  
to report a power outage or  
other non-life-threatening or  
non-emergency situations.  
It is critical that our 9-1-1 line  
is available for Life Threatening  
Emergencies ONLY.*

**To reach 9-1-1  
with a cellular telephone  
call 378-4141.**

## MEDICAL

San Juan Aid Unit: ..... 378-5152  
Inter-Island Medical Center ..... 378-2141  
Friday Harbor Drug ..... 378-4421  
(After Hfour Emergency) ..... 378-4457  
American Red Cross ..... (360) 293-2911

**SAN JUAN COUNTY SHERIFF:** ..... 378-4151

## FIRE SERVICES:

Town of Friday Harbor ..... 378-4183  
Fire District # 3 (County) ..... 378-5334

## FERRY SERVICES:

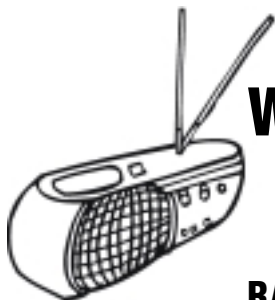
WSF Direct Information ..... 1-888-808-7977  
Internet Connection: ..... [www.wsdot.wa.gov/ferries](http://www.wsdot.wa.gov/ferries)  
Friday Harbor Landing ..... 378-8665  
Orcas Landing ..... 376-6253  
Lopez Landing ..... 468-4095  
Shaw Landing ..... 468-2142 or 468-2288

## SERVICES & UTILITIES

OPALCO (Power Outages) ..... 376-3599  
Century Telephone (Repair) ..... 6-1-1  
Public Works (Road Conditions) ..... 378-2114  
Health Community Services ..... 378-4474  
Water Department (Friday Harbor) ..... 378-8353  
Roche Harbor Water ..... 378-3500

## MAINLAND ROAD CONDITIONS

Pass Report ..... 1-800-695-7623  
Internet ..... [www.wsdot.wa.gov/traveler](http://www.wsdot.wa.gov/traveler)



## WHERE TO TUNE FOR INFORMATION

**on school closures or delays & other emergency information.**

### RADIO

KGMI 790 AM  
KAFE 104.3 FM  
KISM 92.9 FM  
KLKI 1340 AM  
KOMO 1000 AM



### TELEVISION

KOMO TV Channel 4  
KING TV Channel 5  
KIRO TV Channel 7  
KVOS Channel 12



### SHORT WAVE RADIO

NOAA WEATHER RADIO  
(Puget Sound)  
WWG-24  
162.425 MHz



SAN JUAN COUNTY  
EMERGENCY MANAGEMENT  
P. O. Box 669  
Friday Harbor, WA. 98250  
(360) 378-9932

PRSRT STD  
US POSTAGE  
PAID  
PERMIT #9  
FRIDAY HARBOR, WA  
ECRWSS

**POSTAL PATRON**

Get prepared ahead of time with  
**WEB SITES OF INTEREST:**

**Ferry Routes**, terminals & up to date scheduling/delay information:

- [www.wsdot.wa.gov/ferries](http://www.wsdot.wa.gov/ferries)

**Washington State Road**, pass, travel & weather conditions:

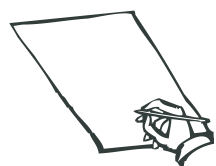
- [www.wsdot.wa.gov/traveler](http://www.wsdot.wa.gov/traveler)

**Weather:**

- [www.wrh.noaa.gov/seattle](http://www.wrh.noaa.gov/seattle)  
*(click on specific county or area required)*
- [www.nws.noaa.gov/stormready](http://www.nws.noaa.gov/stormready)
- [www.sanjuanislander.com](http://www.sanjuanislander.com)

**Emergency Preparedness:**

- [www.sanjuandem.net](http://www.sanjuandem.net)
- [www.redcross.org/services/disaster](http://www.redcross.org/services/disaster)
- [www.ready.gov](http://www.ready.gov)
- [www.fema.gov/preparedness](http://www.fema.gov/preparedness)
- [www.emd.wa.gov](http://www.emd.wa.gov)
- [www.simplerlife.com](http://www.simplerlife.com)



**QUICK  
CHECKLIST FOR  
EMERGENCIES**

- Lights
- Emergency Supplies
- Water
- Food
- Warmth
- First Aid Supplies
- Smoke/Carbon  
Monoxide Detectors  
and Fire Extinguishers
- Pets and Animals
- Special Needs and  
Supplies
- Generator Safety
- Travel Considerations
- Emergency Phone  
Numbers

*For more complete  
information, see the  
"Basics On Hand"  
list inside.*



**TRAVEL CONSIDERATIONS:**

*Call ahead for ferry, road,  
airport & pass information.*

*Be prepared for cancelled or delayed ferries.  
(Have your cars fueled and well stocked with  
food, water and items for warmth.)*